

SCOTT W. TRENHAILE, M.D.
ROCKFORD ORTHOPEDIC ASSOCIATES
324 ROXBURY ROAD
ROCKFORD, ILLINOIS 61107
(815) 398-9491

**HOSPITAL
AFFILIATIONS**

OSF-Saint Anthony Medical Center, Rockford, IL
Active Staff, 2002 to present

Rockford Memorial Hospital, Rockford, IL
Courtesy Staff, 2002 to present

Swedish American Hospital, Rockford, IL
Courtesy Staff, 2002 to present

Rockford Ambulatory Surgery Center, Rockford, IL
Active Staff, 2002 to present

Rockford Orthopedic Surgery Center, Rockford, IL
Active Staff, 2004 to present

EMPLOYMENT

Rockford Orthopedic Associates, Ltd., Rockford, IL
January 2004 – present

Orthopaedic Associates of Northern Illinois, Rockford, IL
August 2002 – December 2003

EDUCATION

Mississippi Sports Medicine & Orthopaedic Center, Jackson, MS
Surgical fellowship in upper and lower extremity
Sports injuries with reconstructive and arthroscopic focus
August 2001-July 2002.

**St. Luke's-Roosevelt Hospital Center/Columbia
University College of Physicians and Surgeons, New York, New York**
Orthopaedic Surgery Residency, 1997-2001.

**St. Luke's-Roosevelt Hospital Center/Columbia
University College of Physicians and Surgeons, New York, New York**
General Surgery Internship 1996-1997.

The University of Iowa College of Medicine, Iowa City, Iowa
1992-1996, M.D.

Iowa State University, Ames, Iowa
1988-1992, B.S. in Biology with Distinction

**CERTIFICATION/
LICENSURE**

USMLE

Part I written examination passed June 1994
Part II written examination passed March 1996
Part III written examination passed May 1997

American Board of Orthopaedic Surgery

- A. Part I written examination passed July 13th, 2001
Board Eligible
- B. Part II oral examination passed July 11, 2004
Diplomat of the Board
Board Certified 7/11/2004 through 12/31/2014
- C. Orthopedic Sports Medicine Subspecialty
Board Certified 11/5/2009 through 12/31/2019

State Licensure

- A. State of Illinois Department of Financial and Professional Regulation
Licensed Physician and Surgeon Number 036-106575
Issued March 22, 2002
- B. Mississippi State Board of Medical Licensure
License in Medicine Number 17109
Issued February 26, 2001
- C. Wisconsin State Board of Medical Licensure
License in Medicine and Surgery Number: 56111-20
Issued: 7-27-2011

**ACADEMIC
APPOINTMENTS**

University of Illinois College of Medicine, Rockford, IL
Clinical Assistant Professor of Surgery, July 2005 to present

Midwestern University, Downers Grove, IL
Adjunct Clinical Instructor, February 2004

SOCIETIES

American Academy of Orthopaedic Surgeons
Active Fellow, 2006

American Orthopaedic Society for Sports Medicine
Candidate Member, 2003-2006
Active Member, 2006-2007

Arthroscopy Association of North America
Associate Member, 2003-2006
Active Member, 2006

Mid-America Orthopaedic Association
Active Member, 2006

Illinois State Medical Society
Member, 2003

Winnebago County Medical Society
Member, 2003

**HONORS/
AWARDS**

Phi Beta Kappa, 1992
Phi Beta Kappa Honor society, 1992
Phi Kappa Phi Honor Society, 1992
Order of Omega Honor Society President, 1991
Beta Lambda Delta Honor Society, 1991
Golden Key National Honor Society, 1990
Alpha Tau Omega Fraternity Top House Grades
Scholarship, 1990, 1991
Alpha Lambda Delta Freshman Honorary, 1989
Phi Eta Sigma Freshman Honorary, 1989

TEACHING

Instructor. Smith & Nephew Dry lab workshop. Complex Rotator Cuff Repair. Arthroscopy Association of North America Fall Meeting, Palm Springs, CA. November 18, 2011

International Shoulder Surgery Fellowship Host: Orthopaedic Surgeon from India, Rockford, IL, October 3-7, 2011.

Instructor. Dry lab workshop. Complex Rotator Cuff Repair. 28th Annual San Diego Shoulder Course Meeting, San Diego, CA June 23, 2011.

Instructor. The Wider Scope of Arthroscopy Spring Session, Smith & Nephew Endoscopy and DJO Fellowship Program
Andover, MA – May 7, 2011

International Shoulder Surgery Fellowship Host: Orthopaedic Surgeons from Poland, Rockford, IL, April 11, 2011

International Shoulder Surgery Fellowship Host: Orthopaedic Surgeons from Germany, Rockford, IL, March 28, 2011

International Shoulder Surgery Fellowship Host: Orthopaedic Surgeons from China, Rockford, IL, March 1, 2011

Chairman: Session 2: Shoulder Instability. 5th International Course in Shoulder, Elbow, and Wrist Surgery: Arthroscopy, Arthroplasty, Fractures, Rehabilitation, Poznan, Poland, January 17, 2011.

International Shoulder Surgery Fellowship Host: Orthopaedic Surgeons from Poland, Rockford, IL, October 18-21, 2010

Master Instructor. Biceps Tenodesis lab. Smith Nephew International Education Program. Orthopaedic Surgeons from Colombia, South America. Andover, MA, August 13, 2010

International Shoulder Surgery Fellowship Host: Orthopaedic Surgeons from Poland, Rockford, IL, June 22-26, 2010

International Shoulder Surgery Fellowship Host: Orthopaedic Surgeons from Germany, Rockford, IL, May 10, 2010

International Shoulder Surgery Fellowship Host: Orthopaedic Surgeons from Poland, Rockford, IL, May 3-5, 2010

Master Instructor. Arthrex Shoulder Symposium
Naples, Florida, April 9-10, 2010

Master Instructor. Shoulder Injury Prevention Clinic:
Shoulder Injuries in the Throwing Athlete
Rockford College, Rockford, IL March 23, 2010

International Shoulder Surgery Fellowship Host: Orthopaedic Surgeons from Poland, Rockford, IL, January 18-22, 2010.

Associate Master Instructor. Advanced Shoulder Arthroscopy Course
Arthroscopy Association of North America
Orthopaedic Learning Center, Rosemont, IL September 20, 2009

International Shoulder Surgery Fellowship Host: Orthopaedic Surgeons from Poland, Rockford, IL, June 22-26, 2009.

Master Instructor. Shoulder Injury Prevention Clinic:
Designed for all throwing athletes.
Rockford College, Rockford, IL March 24, 2009

Associate Master Instructor. Advanced Shoulder Arthroscopy Course
Arthroscopy Association of North America
Orthopaedic Learning Center, Rosemont, IL June 6-9, 2008

Associate Master Instructor. Advanced Shoulder Arthroscopy Course
Arthroscopy Association of North America
Orthopaedic Learning Center, Rosemont, IL October 19-21, 2007

Instructor. Technique of Arthroscopic Rotator Cuff Repair:
Surgical Skills Using Alex Models. AAOS Annual Meeting
San Diego, CA - February 15, 2007

Associate Master Instructor. Advanced Shoulder Arthroscopy Course
Arthroscopy Association of North America

Orthopaedic Learning Center, Rosemont, IL – April 7-9, 2006

Instructor. Technique of Arthroscopic Rotator Cuff Repair:
Surgical Skills Using Alex Models. AAOS Annual Meeting
Chicago, IL - March 22, 2006

Shoulder Instructor. Global Sales and Marketing Conference
Smith and Nephew, Inc., Miami, FL - January 2006

Associate Master Instructor. Advanced Shoulder Arthroscopy Course
Arthroscopy Association of North America
Orthopaedic Learning Center, Rosemont, IL –June 3-4, 2005

Master Instructor. Advanced Shoulder Arthroscopy Course
Medwest Skills Lab
Chicago, IL August, 2004

Associate Master Instructor. Advanced Shoulder Arthroscopy Course.
Arthroscopy Association of North America
Orthopaedic Learning Center, Rosemont, IL - April 4, 2003

Associate Master Instructor. Advanced Shoulder Arthroscopy Course
Arthroscopy Association of North America
Orthopaedic Learning Center, Rosemont, IL - May 31, 2002

ACTIVITIES

Committee Membership:

Arthroscopy Association of North America, Technology Committee Member, 2011-present

Arthroscopy Association of North America, Outcomes Task Force Committee
Member, November 2010 - present

Arthroscopy Association of North America, Traveling Fellowship Committee Member,
2010 - present

Clinical Information Systems Physician Development Director, Rockford Orthopedic
Associates
2006 - present

Executive Committee Member, Rockford Orthopedic Associates
January 2008 – 2010

Orthopaedic Subsection Quality Improvement Committee Member, OSF-Saint
Anthony Medical Center, May 2003 to May 2007

By-Laws Committee Member, OSF-Saint Anthony Medical Center
May 2003 – 2004

Athletic Team Coverage:

Rockford Ice Hogs Hockey Sports Medicine Team Physician (Chicago Blackhawk
AHL affiliate) Rockford, IL
January 2004 – present.

Rockford Lightning CBA Basketball Sports Medicine Team Physician, Rockford, IL,
January 2004 – 2006.

Rockford College Sports Medicine Team Physician, Rockford, IL
August 2003 - present.

Rock Valley Community College Sports Medicine Team Physician, Rockford, IL
August 2002 - August 2003

Belvidere High School Sports Medicine Team Physician, Belvidere, IL
August 2002 - present

Stillman Valley High School, Stillman Valley, IL
August 2004 – 2008

Belvidere North High School Sports Medicine Team Physician, Belvidere, IL
August 2007 – present

Harlem High School Sports Medicine Team Physician, Loves Park, IL
August 2007 - present

Fellowship:

Provided sports medicine coverage for six of the ten four year colleges in the state of Mississippi including Jackson State University, Mississippi Valley State, and Mississippi College.

Residency:

St. Luke's-Roosevelt Hospital Resident Research Day, Best Research Project, 2001
Department of Orthopaedic Surgery Education Committee 2000-2001

Clinical Research Elective, University of Iowa Department of Orthopaedics, 1999

Medical School:

National Institutes of Health Research Fellowship, 1993
Free Medical Clinic Volunteer Examiner: 1995
Iowa Student Medical Research Club, President: 1995
Iowa Student Medical Research Club, Member: 1994 – Present
Iowa Student Medical Research Day, Presenter: 1994
College of Medicine Faculty/Medical Student Research Day, Presenter, 1995
Anatomy Teaching Assistant: 1993-1994
Biochemistry Liaison committee: 1992
American Medical Student Association

PUBLICATIONS

Slabaugh, MM, Frank RM, Van Thiel GS, Bell, RM, Wang VM, Trenhaile SW, Provencher, M, Romeo, AA, Verma NN. Biceps Tenodesis With Interference Screw Fixation: A Biomechanical Comparison of Screw Length and Diameter. *Arthroscopy* Vol 27, No 2 (February), 2011: pp 161-166.

Mills LL, Koski M, Tripodi J, Trenhaile SW. An Evaluation of the Fixation Strength of Suture Anchors used in Rotator Cuff Repair. Smith & Nephew, Inc 2011 White Paper Commercially distributed worldwide by Endoscopy Division, Smith & Nephew, Inc.

Trenhaile SW. BICEPTOR Tenodesis System: Arthroscopic Biceps Tenodesis. Instructional Video. Commercially distributed worldwide by Endoscopy Division, Smith & Nephew, Inc. 2010.

Trenhaile SW. BICEPTOR Tenodesis System: Arthroscopic Biceps Tenodesis. Shoulder series surgical technique guide. Commercially distributed worldwide by Endoscopy Division, Smith & Nephew, Inc. 2009.

Savoie FH 3rd, Trenhaile SW, Roberts J, Field LD, Ramsey JR. Primary Repair of Ulnar Collateral Ligament Injuries of the Elbow in Young Athletes: A Case Series of Injuries to the Proximal and Distal Ends of the Ligament. *American J Sports Med.* 2008;36:1066-1072.

Trenhaile SW. IN THE Loop... Arthroscopic Repair and Augmentation of Massive Rotator Cuff Tears Using the RC Allograft, Scope This Out Surgeon Newsletter, Commercially distributed worldwide by Arthrex, Spring 2007, Vol. 9, Number 1.

Argo D, Trenhaile SW, Savoie FH 3rd, Field LD. Operative Treatment of Ulnar Collateral Ligament Insufficient of the Elbow in Female Athletes. *American J Sports Med.* 2006;34:431-437.

Trenhaile SW, Field LD, Savoie FH 3rd. Rotator Interval Lesions, Book Chapter in *Textbook of Arthroscopy*, [edited by] Mark D. Miller, Brian J. Cole; associate editors, Steven B. Cohen, Junaid A Makda.- 1st ed. Saunders 2004.

Trenhaile SW, Savoie, FH 3rd. New Frontiers in Arthroscopic Treatment of Glenohumeral Instability. *Arthroscopy* 2002;18(2 Suppl 1):76-87.

Trenhaile SW, Field LD, Savoie FH 3rd. Arthroscopic Treatment of the Mesoacromion. *Techniques in Shoulder and Elbow Surgery* 2002;3(2):82-89.

Nepola JV, Trenhaile SW, Miranda MA, Butterfield SL, Fredericks DC, Riemer BL. Vertical Shear Injuries: Is There a Relationship Between Residual Displacement and Functional Outcome? *J.Trauma.* 1999 June;46(6):1024-9.

Ryan S, Sandler A, Trenhaile SW, Ephgrave K, Garner S. Pancreatic Enzyme Elevations after Blunt Trauma. *Surgery.* 1994;116:622-7.

PRESENTATIONS

Trenhaile SW and Hunter R, "Innovations in Rotator Cuff Repair" Live cadaveric focus demonstration and lecture. Arthroscopy Association of North America, Fall Meeting, Palm Springs, CA. Nov 18, 2011

Trenhaile SW, "Fellowship Symposium: Panel Discussion with Newly Practicing Physicians" Arthroscopy Association of North America, Fall Meeting, Palm Springs, CA Nov 18, 2011

Trenhaile SW and Whitehurst JB, "Shoulder/Knee Power Hour" Live cadaveric shoulder and knee dissection/surgical procedures for 215 local physical therapists with simultaneous power-point presentations on given topics. University of Illinois College of Medicine, Rockford, IL. October 4, 2011.

Trenhaile SW, "Anterior Shoulder Arthroscopy: Complex Rotator Cuff Tears Made Simple" 28th Annual San Diego Shoulder Course Meeting, San Diego, CA June 18, 2011.

Trenhaile SW, "Single Row Repairs vs. Double Row Rotator Cuff Repairs" The Wider Scope of Arthroscopy, Smith & Nephew Endoscopy and DJO Fellowship Program Spring Session, Andover, MA, May 7, 2011.

Trenhaile SW, "Bicep Tendonitis Made Simple" The Wider Scope of Arthroscopy, Smith & Nephew Endoscopy and DJO Fellowship Program Spring Session, Andover, MA, May 7, 2011.

Trenhaile SW, "All-Arthroscopic Biceps Tenodesis Made Simple" American Academy of Orthopaedic Surgery Annual Meeting Exhibitor Hall, San Diego Convention Center B1, Smith & Nephew Booth #518, San Diego, CA, February 16, 2011.

Trenhaile SW, "Long Head of Biceps Tendon Pathology and Treatment" 5th International Course in Shoulder, Elbow, and Wrist Surgery: Arthroscopy, Arthroplasty, Fractures, Rehabilitation, Poznan, Poland, January 17, 2011.

Trenhaile SW, "All-arthroscopic and open subpectoralis biceps tenodesis: Workshop", 5th International Course in Shoulder, Elbow, and Wrist Surgery: Arthroscopy, Arthroplasty, Fractures, Rehabilitation, Poznan, Poland, January 18, 2011.

Trenhaile SW, "Double Row Rotator Cuff Repair: Workshop", 5th International Course in Shoulder, Elbow, and Wrist Surgery: Arthroscopy, Arthroplasty, Fractures, Rehabilitation, Poznan, Poland, January 18, 2011.

Trenhaile SW, "Common Disorders of the Shoulder: Evaluation and Treatment" CME Course: Rockford Health System Grand Rounds, Rockford Memorial Hospital, Rockford, IL November 19, 2010.

Trenhaile SW, "Organized Field Trauma," 2nd Annual Trauma Symposium, Rockford IL, November 6, 2010.

Trenhaile SW. Clinical Information System. AAOS Practice Forward: Managing Your Practice Ahead of the Curve Course #2838, "Implementing an Outcomes Research Program into Practice Workflow." Millennium Knickerbocker • Chicago, IL, September 24-26, 2010.

Trenhaile SW, "Biceps Pathology: Evaluation and Treatment," Didactic presentation and live dissection/demonstration of arthroscopic biceps tenodesis to 10 international shoulder surgeons from Colombia, South America, Smith & Nephew Endoscopy, Andover, MA, August 13, 2010.

Trenhaile SW, "Rotator Cuff Repair with Augmentation," Didactic presentation at Arthrex Shoulder Symposium to 90 Orthopaedic Surgeons. Naples, FL, April 9, 2010.

Trenhaile SW, "Management of the Unstable AC joint," Didactic presentation at the Arthrex Shoulder Symposium to 90 Orthopaedic Surgeons. Naples, FL, April 10, 2010.

Trenhaile SW, "AC joint reconstruction using the Graft rope device", live dissection/demonstration at Shoulder Symposium to 90 Orthopaedic Surgeons. Naples, FL, April 9, 2010.

Trenhaile SW, "Clinical Information Systems", Presentation to Annual Meeting of American Academy of Orthopaedic Surgeons, New Orleans, LA March 9, 2010

Trenhaile SW, "Biceps Tenodesis: Arthroscopic Approach", 26th Annual San Diego Shoulder Course Meeting, San Diego, CA June 18, 2009.

Trenhaile SW, "Getting Shoulders Back to Work", Rockford, IL November 13, 2008

Trenhaile SW, "Common Shoulder Injuries: The Athlete, the ATC, and the Orthopaedic Surgeon", Northern Illinois University, Rockford, IL November 13, 2008

Trenhaile SW, "The knee: Anatomy, Injury, Treatment", Winnebago County Bar Association Meeting, Rockford, IL, April 4, 2008

Trenhaile SW, "Common Disorders of the Shoulder: evaluation and treatment", CME Course: Rockford Health System Grand Rounds, Rockford Memorial Hospital, Rockford, IL January 17, 2008.

Trenhaile SW, "Common Shoulder Injuries: The Athlete, the ATC, and the Orthopaedic Surgeon", Northern Illinois University, Rockford, IL March 8, 2007

Trenhaile SW, "Shoulder Arthritis". Presentation to National Association Orthopedic Nurses – Rock River Valley Chapter 106, Rockford, IL March 8, 2006

Trenhaile SW, Rotator Cuff Pathology and Treatment. Presentation to Rockford area Physical therapist, YWCA, Rockford, IL October 2005.

Yadao MA, Trenhaile SW, Barrett Gr. Normal Clinical Findings During Successful ACL Reconstruction and Rehabilitation, 71st Annual Meeting of the American Academy of Orthopaedic Surgeons. San Francisco, CA, March 10, 2004.

Trenhaile SW, "Disorders of the Shoulder" Presentation to the National Association of Orthopaedic Nurses, Rock River Valley Chapter 106, Rockford, IL October 28, 2003.

Trenhaile SW, Black D. Swimmers Shoulder. Presentation to the Rockford Marlins Swim Club at Rockford College, Rockford, IL, October 2003.

Trenhaile SW, Norem D. Heat Illness: Prevention and Treatment. Presentation to the Belvidere High School Athletic Department, Belvidere, IL, August 2003.

Trenhaile SW, Television Appearance with Live Call and Answer. Presentation featuring Sports Medicine, WIFR Channel 23, Rockford, IL, June 2003

Trenhaile SW, "Tending to your Tendons", published in the Rockford Register Star Newspaper, Rockford, IL, June 2003.

Trenhaile SW. Frozen Shoulder: Diagnosis and Treatment. Presentation to the Rockford Health System, Rockford Memorial Hospital, Rockford, IL March 2003.

Trenhaile SW, Savoie, F, Field L. Primary Surgical Repair of Ulnar Collateral Ligament Injuries of the Elbow, Poster presentation at the 70th Annual Meeting of the American Academy of Orthopaedic Surgeons, New Orleans, LA February 5-9-2003.

Trenhaile SW, Fietti VG, Jr. The Twenty-Two Degree Lateral Wrist Radiograph, Poster presentation, 56th Annual Meeting of the American Society For Surgery of the Hand, Baltimore, MD, October 4, 2001.

Cordasco F, Trenhaile SW, Cohen A. Arthroscopic Subacromial Decompression: 2 to 7 Year Outcome Analysis, Resident Research Day, St. Luke's-Roosevelt Hospital Center, New York, NY, June 21, 2001.

Trenhaile SW, Barron OA. Postoperative Controlled Mobilization of the First Metatarsophalangeal Joint, Resident Research Day, St. Luke's-Roosevelt Hospital Center, New York, NY, June 22, 2000.

Cordasco F, Trenhaile SW, Cohen A. Arthroscopic-Assisted Rotator Cuff Repair: 2 to 7 Year Outcome Analysis, The American Orthopaedic Society for Sports Medicine Specialty Day. Orlando, FL, March 18, 2000.

Cordasco F, Trenhaile SW, Cohen A. Arthroscopic-Assisted Rotator Cuff Repair: 2 to 7 Year Outcome Analysis, 16th Annual Closed Meeting of the Shoulder and Elbow Surgeons. Philadelphia, PA, October 15, 1999.

Chao W, Charlton T, Hamilton WG, Trenhaile SW. Surgical Classification for Hallux Rigidus: A Rationale for Treatment, 28th Annual Meeting of the American Orthopaedic Foot and Ankle Society, New Orleans, LA, March 22, 1998.

Nepola JV, Trenhaile SW, Miranda MA, Butterfield SL, Fredericks DC, Riemer BL. Vertical Shear Injuries: Is There a Relationship Between Residual Displacement and Functional Outcome? 10th Annual Meeting of the Eastern Association for the Surgery of Trauma, Sanibel, FL, January 15, 1997.

Trenhaile SW, Fredericks DC, Martin JG, Nepola JV. Long Term Outcome of Unstable Pelvic Fractures Treated with External Fixation. Orthopaedic Trauma Association Annual Meeting, Tampa, FL, October 1, 1995.

NON-PROFESSIONAL ACCOMPLISHMENTS

Bank of America Chicago Marathon Finisher, October 9, 2011

December 2011